

CARING CONNECTIONS

Revised Format for 2 – 6 Week Transition Visits

Effective 12/01

I. Introduction and welcome of on-going home visitor.

- a. On-going home visitor to give gift to family and introduce themselves and the Caring Connections program.
- b. On-going home visitor to discuss with family:
 - How daily routine is going for mom /family - give suggestions on organizing daily schedules/routines.
 - Is parent beginning to feel confident in reading the child's needs and meeting them?
 - How are the older siblings adjusting?
 - Does parent have any questions about Caring Connections, ECFE, or Head Start?

II. Public Health to check child growth and health related information:

- How often and much is the baby eating?
- Discuss difficulties with breast/bottle feeding. Provide information on benefits of continued breast-feeding for infants, if appropriate.
- How often does baby wet diapers – soil diapers?
- Do you have any concerns about your baby's hearing?
- Is your baby easy to console? (Give tips on various techniques for comforting fussy babies.)

Discuss immunizations and well-baby check-ups:

- Has child received 2-week check-up? (Weight gain/growth noted.)
- 2 month shots/check-up
- 4 month shots/check-up

Discuss Mom's 6-week check-up:

- Importance of post-partum follow-up – scheduling check-up.
- What is Mom doing to take care of herself?
- Are there any concerns for Mom on feelings of well-being?
- Is Mom getting enough rest – offer suggestions on how to get more sleep. (ie. utilizing spouse/family support.)

III. On-going Home Visitor/PHN to discuss Infant Development:

- Is the baby focusing on your face? (Demonstrate how to encourage baby to focus – 12-18" away.) Infant can recognize familiar sounds and smells; turn head in response to sounds; see colors and start to visually notice environment.
- Gross motor development: Can baby lift/turn head momentarily? Have basic responses to stimulation for grasping, rooting and sucking?
- Share tips from postpartum resource packet on benefits of communicating and attachment with infant (CFL Brochure).
- Discuss important of reading to infants on a daily basis and to be included in daily routine.

IV. Safety check (PHN & On-going Home Visitor):

- Talk about not leaving babies alone on diaper changing tables, adult beds, or sofas.
- Are there any pets in the home or concerns with pets?

V. Provide additional referral information dependent upon specific family needs. Give parent time to discuss other questions/concerns for either PHN or On-going Home Visitor.