

## **Internet Resources for Caring Connections Home Visitors and Parents**

*The following web sites were active as of June 17, 2001. We strongly encourage home visitors to review these web sites before recommending a site to a parent, in order to ensure the site is still active and that it is an appropriate resource for the family to which it is being recommended. Please notify Jane Patrick of any inactive sites or any you do not believe to be of sufficient quality to be listed in future revisions of this resource.*

### **OF PRIMARY INTEREST TO HOME VISITORS...**

#### **Minnesota Infant Mental Health Services Feasibility Study**

<http://ici2.umn.edu/ceed/publications/imhstudy/feasibility.htm>

This study was prepared for the Minnesota Early Intervention Team representing the Minnesota Departments of Health, Human Services, and Children, Families, and Learning by CEED, Center for Early Education and Development, College of Education and Human Development, University of Minnesota.

#### **Success in School: Education Ideas that Count**

<http://www.aecf.org/publications/success/school.htm>

This article on the Anna E. Casey web site outlines issues related to school readiness.

#### **Early Childhood and Family Initiatives – MN Dept. of Children, Families, Learning**

<http://cfl.state.mn.us/ecfi/>

Early Childhood and Family Initiatives are part of the Office of Community Services of the Minnesota Department of Children, Families & Learning. This web site is designed to be a source of information for all those interested in the health and development of young children and their families.

### **OF POTENTIAL INTEREST TO BOTH PARENTS AND HOME VISITORS:**

#### **The Future of Children**

<http://www.futureofchildren.org>

*The Future of Children* is published twice annually by The David and Lucile Packard Foundation. The primary purpose of *The Future of Children* is to disseminate timely information on major issues related to children's well-being.

#### **Positive Approaches to Challenging Behavior for Young Children with Disabilities**

<http://ici2.umn.edu/preschoolbehavior/>

The purpose of this web site is to discuss positive behavioral supports for young children who engage in challenging behavior. The information on this web site is intended to help families, caregivers, and service providers to understand why a particular behavior may occur, help service providers develop intervention strategies for organizing environments to decrease the possibility of challenging behaviors in young

children, and help families and service providers to learn more about strategies to support children with challenging behaviors.

### **National Parent Information Network**

<http://ericps.ed.uiuc.edu/npin/>

This is a gold mine of annotated, categorized information, culled from the massive repository of ERIC, the federally funded Educational Resource Information Center. The NPIN offers news, book reviews, a Parents AskERIC feature, discussions and so on. Emphasis is on professional as well as parental aspects of child development. It contains links to other parent resources.

### **Parents as Teachers**

<http://www.patnc.org/>

This is the website of Parents as Teachers, an award-winning non-profit parent education and family support organization that teaches "All parents are their children's best first teachers." PAT focuses on the early years, prenatal through kindergarten entry, to help parents understand what to expect during each stage of their child's development. PAT-certified parent educators offer parents practical ways to encourage learning, manage challenging behavior, and promote strong parent-child relationships.

## **PARENT (AND HOME VISITOR) RESOURCES**

### **I Am Your Child**

<http://www.iamyourchild.org>

The web site of "I Am Your Child," is a public engagement campaign to raise public awareness about the importance of the first three years of life. Resources on the web site include:

- A Parent's Guide to Early Brain Development
- Promoting Young Children's Healthy Development and School Readiness: Ten Guidelines
- Your Child's Development from Prenatal to Age Three
- Quality Child Care
- Books for young children, parents/caregivers, magazines, radio programs, and Internet resources

### **ParentTime**

<http://www.parenttime.com>

Here you'll find parenting information customized to the age of your child. ParentTime includes online advice from experts such as Dr. Bill and Martha Sears, lactation consultant Kathleen Huggins, R.N., satirist Pam Satran, Dr. Nancy Snyderman and even Dr. Ruth Westheimer. Other features include parenting polls, bulletin board, chats, and more.

### **ParentSoup**

<http://www.parentsoup.com>

Parent Soup features a variety of information on parenting children of all ages. Helpful features include the bulletin boards and discussion groups.

### **Early Childhood Brain Development**

<http://www.smartstart-nc.org/News/Newsletter/braindevelopment.htm>

This special report of the Smart Start Times is intended to explain, in general, understandable terms, what the early childhood brain research means for children and families.

### **Baby Web**

<http://www.netaxs.com/~iris/infoweb/baby.html>

This site offers a mix of information and products for parents of newborns and toddlers. It also includes links to related sites, such as News Groups and Frequently Asked Questions. Baby Web also has a lengthy, annotated list of parenting books. This site does not presume to be authoritative, since it does not rely on experts in the field of child development.

### **Kids Health**

<http://www.kidshealth.org>

This site, from Nemours Foundation, offers extensive articles on childhood illness and health issues, and provides information to parents, children and even professionals. The articles are well written and annotated.

### **Family.com**

<http://www.family.com>

This site has a magazine format, with articles written by identifiable reporters on subjects such as tutoring, discipline, etc. There are jumps to local parenting publications organized by state, as well as bulletin boards and discussion groups. Emphasis is on general parenting issues and includes family concerns such as taxes, travel and so on.

### **The National Parenting Center (TNPC)**

<http://www.tnpc.com>

A large magazine format, with news on medical and behavioral issues in parenting. The site provides advice from a variety of experts in the field of child development. Chat rooms on specific topics are available, as well as a shopping area for related products.

### **Pampers Parenting Institute/T. Berry Brazelton**

<http://www.totalbabycare.com>

This is the home of "House Calls," where noted pediatrician T. Berry Brazelton offers advice and answers questions about the first year of development. He provides counsel on infant communication, motor skills, cognitive development and feeding. Parents can look at each issue by stage: 3 months, 6 months, up to one year. The Pampers Parenting Institute offers information, supplied by pediatricians, on numerous infant care topics.

### **Parent's Place—The Parenting Resource Center on the Web**

<http://www.parentsplace.com>

Parent's Place offers a magazine format with articles on all stages of parenting, a "WebDoctor" feature, chat rooms, book reviews, etc. Products are also offered. This is a user-friendly comfortable site with information from experts and discussion groups for parents.

### **The Natural Child Project**

<http://www.naturalchild.com>

This site includes articles, a parenting advice column, a Parenting Site of the Month, the Global Children's Art Gallery, and Whatever Happened to Mother? a short book by James Kimmel. Their vision is a world in which all children are treated with dignity, respect, understanding, and compassion.

### **Harvard Center for Children's Health**

<http://www.hsph.harvard.edu/children>

The Harvard Center for Children's Health was created in 1995 to translate what we "know" about children's health into what we "do" to improve children's health and well-being. Over 100 faculty at the graduate schools of Harvard University are conducting research to improve our understanding of what places children at risk for poor health and development; and what programs and services are effective in preventing these risks.

### **ParentPartners**

<http://www.parentpartners.com>

ParentPartners is a comprehensive resource to enhance your child's development from prenatal to age 5- what to look for, what to do, and what's unique about your child. Parents receive a free development profile of their child across the multiple intelligences (language, social logic & numbers, and more).

### **Parenting on the Go**

<http://www.mentor-media.com>

This site includes techniques that represent a comprehensive "training" for parents in the important skills of effective parenting and discipline. These techniques are available to you in "bite-size" packages ideal for the "parent on the go" -- the parent just needing a suggestion, but needing it right now -- before the situation(s) gets out of control.

### **"Investing in Our Children: What We Know and Don't Know About the Costs and Benefits of Early Childhood Interventions"**

<http://www.rand.org/publications/MR/MR898>

Report on the independent cost-benefit analysis published by the Rand Corporation on the impact of early childhood intervention on child health and development, educational attainment, and economic well-being. Funded by the California Wellness Foundation.

### **Mayo's Pregnancy & Children's Health Resource Center**

<http://www.mayohealth.org/mayo/common/hmt/pregpg.htm>

Reference Articles ranging from Pregnancy- to Child-related topics (first aid, health care options, pediatric diseases/ conditions, prevention and safety) are updated daily. In addition, this section of the Mayo Clinic Health site contains: a personal Due-Date Calculator, information by trimester or subject, Ask the Mayo Physician, Quizzes, daily feature articles, and Other Sites for additional resources.

### **Moms Online**

<http://www.momsonline.com>

Moms Online is an online community of moms -- whether pregnant, with babies, toddlers, or teens -- meeting to share support, information, encouragement, and camaraderie.

### **Who's Watching the Children**

<http://www.doiknowyou.com>

This site contains information specifically about child care including comprehensive checklists and questions you should ask before making choices.

### **ZERO TO THREE**

<http://www.zerotothree.org>

ZERO TO THREE is a leading resource on the first three years of life, a national non-profit charitable organization whose aim is to strengthen and support families, practitioners and communities to promote the healthy development of babies and toddlers.