

Otter Tail Family Services Collaborative

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Working Together...

Serving Families

... Improving Lives

Children's Mental Health Local Advisory Council

Meeting Minutes

3:30 – 5:00PM May 17, 2011

Dead Lake Room, Government Services Center

Attendance: Janet Athens (Community Representatives); Mark Lysne (Head Start-3); Tammy Friederich (OTC Human Services); Sue Ewy (MN Dept of Health- 6); Jennifer Filgas (Ombusman for MH/DD-4); Shannon Erickson (FF Area Special Ed Coop-4); Mark Lysne (OTWCAC – 3); Lane Magnusson (OTC Public Health); and Jane Patrick (Collaborative Coordinator).

1. The meeting began with introductions. A special welcome was extended to Lane Magnusson who is replacing Jody Lien from Otter Tail County Public Health on the LAC committee. Lane does Long Term Care Consultation (LTCC) and covers PCA services. Jane requested a volunteer for the chair of the group for the day. Mark agreed to serve as chair for the day.
2. Jane shared updates with the LAC budget for the current fiscal year. A balance remains of \$1,153 in the \$3,000 LAC budget with May and June remaining in the fiscal year.
 - Purchase parenting program resources from the June Shoulder to Shoulder parenting training.
3. Updates were provided regarding:
 - Jesse Thorson is doing a parenting/bullying on-line session again this evening. The work of this group spawned the development of these types of programs.
 - May 11 Mental Health Fair & April 26th KLN Health Fair – the booth was set up at both events along with the ECHO Getting Ready for Kindergarten video. There were approximately 1,100 people in attendance at the KLN Health Fair in Perham. The May 11th gala in Fergus Falls was a smaller crowd, but many brochures were taken from the table.
 - Farewell to Charlie!!!! ☹ Charlie will no longer be able to attend the Children's LAC Otter Tail County as he is moving to Duluth on June 1st to help set up an LAC in that county. He will still be in contact to make sure everything transitions easily. The person who will be continuing Otter Tail County's work on the LAC Collaborative Tool is Alison Wolbeck from Moorhead. She is the Vice-chair on the State Advisory Council and also attends the Clay County LAC. She is extremely active on the LAC Collaborative Tool, so you won't need to recruit anyone for that task.
 - Meeting with Ed Eide in the fall – Ed contacted Jane by email and noted that he has shared legislation and other issues with quite a few LAC's around the state in the past two years. Ed has worked with many to assist with goal setting and reporting to the County Board. Ed's offer: "I would like to offer my services, such as they are, to come to your county to meet with your LAC or Initiative depending on your structure."

Jane will follow-up with Ed to see when he can attend next fall.

- Positive Behavior Intervention and Supports – Perham this is a systematic adult behavior influencing student behavior. This is a step by step, evidence-based procedure recommended by the State of Minnesota. Jane inquired about the potential for the LAC and the Perham school staff to present this to the CEO Group for an opportunity for collaboration during FY12. Shannon and Sue agreed that this would be a good potential opportunity to share. Could the Collaborative partners meet at the Perham School to learn more about it? This is not just about mental health. It is about behavior for all children and how adults address the behaviors.
 - Awareness – how can we enhance it? Have any of the schools implemented depression screening as part of hearing and vision screening? Would a class/teacher be willing to implement a pilot project to do mental health screening as part of a health or psychology class? Could we send out mental health information in business/employee mailings? It was discussed that there are still some gaps in informing staff about how referrals work for staff within the school.
4. Brown Bag Lunch sessions were discussed. Anger Management would be a good presentation for this summer. Erin will ask Nate Larsen to do this session in June. The LAC will also provide food for the parent Shoulder to Shoulder training, using this as another Brown Bag parent education opportunity.
 5. FY 12 meeting schedule was determined to be September 20, October 18, November 15, January 17, February 21, March 20, April 17 and May 15. The group discussed the potential for changing to an earlier time but agreed to keep the 3:30 – 5 time frame to accommodate everyone's schedules.
 6. Outreach and awareness – Brown Bag lunches were the biggest tool; health fairs were good for giving out brochures and resources; how else do schools give out information such as food resources; connect the food resource person with the SBMH workers to encourage their promotion of the resources available.
 7. Next year: idea to develop a brochure on mental fitness – what does this look like?
 8. Partner Sharing:
 - Consumer Survivor Network conference is May 23 & 24 so they are asking for promotion and registration!!! This is a consumer lead and operated organization and is the only one in the nation☺ Some scholarships are available through CSN and it was also discussed that the Children's LAC consumer stipends could also be utilized for this.
 - The State LAC collaborative tool (website) is going well and usage is growing by about 600% every month. WOW!!!
 9. **The next LAC meeting will be held from 3:30 – 5PM on Tuesday, September 20, 2011 at the Government Services Center in Fergus Falls.**