

# Otter Tail Family Services Collaborative

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Working Together...

Serving Families

... Improving Lives

## Children's Mental Health Local Advisory Council

### Meeting Minutes

3:30 – 5:00PM February 16, 2010

Dead Lake Room, Government Services Center

**Attendance:** Tammy Friederich (OTC Human Services); Sarah Kampa (PATH-3); Sue Ewy (MN Department of Health-5); Mark Lysne (Generations, Inc.-3); Tracy Ross, Charlie Olson and Janet Athens (Community Representatives); Nate Larsen (Lakeland Mental Health Center-6); Cori Brown (OTWCAC-50); and Jane Patrick (Collaborative Coordinator).

1. The meeting began with introductions. Nate Larsen agreed to chair for the day.
2. A review of the minutes from the January meeting was conducted. Jane reported that she did speak with Kelly Olson from The Village who indicated that she would not be able to attend monthly meetings due to the travel commitment, but that she would like to be kept informed of the group's initiatives via email. She also indicated that if the group saw a need for her organization to attend on certain occasions, she would be more than willing to do so. Tracy Ross also reported that she follow-up with her child's mental health worker at the school from Luther Social Services and again invited her to participate. The staff person did pass the invite along to her supervisor for a decision.
3. The group reviewed the discussion on creating a magnet to help promote local resources. Jane reported that the Mobile Crisis Program decided they did not want the crisis number on the LAC magnet because they also have a magnet specifically for the crisis program and it may confuse people to have the information on more than one magnet. The group decided to move ahead with developing a magnet to help promote other local mental health resources available to Otter Tail County children and families. Jane will revise the magnet based on the discussion and circulate it to the group for final review. The plan will be to have the magnet available for distribution as soon as possible.
4. Jane shared a review of the FY10 budget and a request from Gail Kulp to support the 2010 Windmill Retreat scheduled in Alexandria in April. Jane reported that the LAC has supported the conference in the past so that Otter Tail County families can attend at a reduced rate. **MOTION:** To approve the payment to the Windmill Retreat in the amount \$500. (S. Kampa/ T. Friederich/carried)
5. Brown Bag Lunches:
  - Nate will follow-up with Kathy Simpson to see if she is available to do a session in Fergus Falls in late February or March.
  - March 11 First Responder training – the group discussed how to increase registrations. Jane will check again with Public health to see if they actually did send it out to all local emergency response contacts. Each group member agreed to contact someone in their own community to promote the training. Jane will re-send to local contacts and to newspapers to ask them to run as a free PSA.

- April stress awareness - Mark will check with Katie Olson to see if she would be interested in doing a session specific to children and how to reduce stress. Charlie will check into a speaker he found on the website. Nate will check with Denni Wilson to see if she would be interested and/or available in doing some sort of presentation on behalf of the committee.

6. FY11 Work Plan:

- Task #1: Develop outreach tools & materials to distribute to families to notify them of mental health and other local resources available.
  - ✓ Magnets to direct them to the website
  - ✓ Website – promotion and development of the local advisory website and coordinate efforts with the state advisory committee to establish it as a resource for local families.
  - ✓ Develop and distribute a “grocery bag” flyer similar to the brown resource card which will include phone numbers and website information
  - ✓ Wallet card with crisis number and website
- Task #2: Provide information to families about all local resources including food support when they are initially identified in need of services.
  - ✓ Work with the schools to identify avenues to provide resources and information about local programs and services to families who qualify for free and reduced lunch.
  - ✓ Develop strategies to ensure that professionals who work with children are aware of available resources.
- Task #3: Brown Bag Lunch
  - ✓ Explore the timing of Brown Bag sessions to coincide with professional staff development days.
  - ✓ Ensure that all schools are offered at least one session within their district – with the idea that the school would identify a time/place and help determine the appropriate topic of interest.
  - ✓ Include local mental health resources and information sharing as a part of all Brown Bag lunch sessions.

7. The group briefly reviewed their FY10 Work Plan. With regard to Task #5 for this year, Charlie has done some work in this area in his position with the State Mental Health Advisory Council. The group discussed how the group can help enhance or support the work that Charlie is doing. Charlie noted the work of the State Advisory Council to promote and enhance Positive Behavior Intervention Support (PBIS) within the schools. A suggestion was made for Charlie to prepare a brief summary of activities and initiatives of the State Committee, including their work on the website, so that the local LAC can determine how to best coordinate efforts with the state. The group requested that this topic also be included in the FY11 Work Plan as a way of enhancing and promoting resources for local children and families.

8. Partner sharing:

- Charlie shared updates about happenings with the State Advisory Council. A question was raised about whether or not there are regional LAC meetings or events where groups of LACs had the opportunity to interact. Charlie will check on this and report back at the next meeting.
- Jane shared resources from the Early Childhood Dental Network and indicated that partners could access more of these materials if they were interested.

9. **The next LAC meeting will be held from 3:30 – 5PM on Tuesday, March 16, 2010 at the Government Services Center in Fergus Falls.**