

## Otter Tail Family Services Collaborative

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*Working Together...*

*Serving Families*

*...Improving Lives*

## Chemical Health Work Group

### Meeting Minutes

1-3 PM, Friday, February 12, 2010

Dead Lake Room, Government Service Center, Fergus Falls

**Present:** Mary Matteson (FF ISD #544 Community Education-3); Angie Schreder (Perham Schools - 90); Carole Zarling (Productive Alternatives Detox Center – 1); Alena Anderson (MSU Student); Kristin Erickson (Public Health); David Hauser (OTC Attorney's Office – 4); Lynn Halmrast (Regional ATOD Coordinator-120); and Jane Patrick (Collaborative Coordinator).

1. Jane Patrick began the meeting with a welcome and a round of introductions.
2. Carole Zarling attended the Prescription Drug Abuse conference in Fargo in December. Carole said it was very well attended and that excellent information was shared. Carole agreed to circulate a summary of her notes. She highlighted a law in North Dakota where pharmacists enter all prescribed controlled substances into the computer and doctors can access the list to see who has obtained controlled substances recently. Carole will share a list of the presenters to see if we can access this information. Jane will check to see if the parent that presented at the Fargo session would be willing to come and present in conjunction with Jay Jaffee in Perham on April 22.
3. Rick Moldenhauer is coming to the region to do a prescription drug workshop on April 23. We have since learned that he will be coming to the Bigwood Event Center in Fergus Falls. The group discussed moving ahead with a session in Perham using Jay Jaffee from 6:30 – 7:30, and decided to move the session to the cafeteria so that the group can provide a meal for those attending. Angie will visit with the school to see if they can provide extra credit for students who attend with a parent.
4. The group discussed the option of having Jay speak at the local clinics. Karmy and Alena are working on setting this up in both Perham and Fergus. Jay is willing to stay until the 23rd to do additional sessions as requested.
5. Newspaper articles were discussed. Alena and David are working on one for the west side of the county. Karmy and Angie are working on one for the east side and will follow-up with the east side papers to see what they will do to help promote our information as well as the April 22 presentation at the Perham High School.

6. The group discussed sending out postcards for prom and graduation season. Jane will check with Ottertail Power to see if we can reprint the one prepared by the Safe Communities Coalition a couple years ago. Jane noted that the superintendents at the last CEO Group meeting agreed to send the postcards out to seniors in their buildings.
7. The group reviewed the draft posters that Jane had put together. Several suggestions for change were made. Kristin also agreed to try and locate some information on line which may be able to be downloaded. Jane will revise the posters and send new ideas to the group for review.
8. The group reviewed the evaluation survey to be used prior to and after the events in April to see if the campaign is effective in creating awareness. Kristin Erickson agreed to look at the information and make changes as suggested by the group. Angie agreed to help find some students to distribute the survey in late March. The group would like to get 100 responses back, if possible. The group also discussed using community groups/organizations to fill out the surveys and collect responses on them.
9. The group discussed and drafted their FY11 Work Plan which will include a request to hire a grant writer to complete a positive community norms planning and implementation grant. (See completed FY11 Work Plan). The group will be requesting a total of \$2,000 which will include \$1500 for a grant writer and \$500 for the media campaign. The group did discuss the option for disbanding the group, but voted to continue meeting in FY11. The group will also do some exploration of policy change initiatives during their work plan for next year.
10. The meeting was adjourned by consensus. The next meeting of the Chemical Health Work Group will be held on Friday, March 19<sup>th</sup> from 1 – 3 at the Government Service Center in Fergus Falls.